

# 2019 Human Dogsled Race Rules

Here are the basic rules for the Human Dogsled Race. For clarification, please email Brian Sangster at [bsangster.betterenergy@gmail.com](mailto:bsangster.betterenergy@gmail.com).

The registration fee is \$25 per team, and all team members are waived the \$15 admission charge. All team members must be at least 18 years of age.

Each participant must sign a liability release form before competing. Team members should arrive at least an hour before the event begins to allow time to organize, sign releases, etc.

Each team will consist of six people - five pulling, one riding.

Team Categories are: Male, Female & Mixed (Mixed teams are defined by any combination of male and female members (e.g. 1 woman & 5 men, 2 women & 4 men, etc.). Mixed teams must have at least one female puller.

For all teams, the riding person must weigh at least one hundred pounds or have equivalent weight in sled.

All participants must wear shoes.

The vehicle must be wheel-less: it can have runners, skis or be smooth-bottomed, and it must be a “vehicle” in the sense that someone will ride “in” it. Example: the rider cannot be on skis or a snowboard.

***Word of Caution:** It has been our experience, that during races occasionally a pulling member of the team falls, but the other members continue to pull. This can result in the fallen member being run over by the sled. When designing the pulling apparatus, consider this; if a puller is “locked into” a harness style system, he/she may be dragged by other pullers if they fall. A safer system may be for pullers to simply hang on to a rope so they can **just let go** if they fall. Also, from a safety perspective a sled/vehicle with a softer construction or at least a softer front end may be more desirable.*

The vehicle must be pulled, not pushed, or carried and must maintain contact with the snow at all times.

A team will be disqualified if the rider falls out of and is separated from the sled. If a puller falls, the team can continue without him/her.

The race will be timed. The team’s time will be determined when the front of the sled crosses the finish line, not the first puller.

Each team will participate in a qualifying heat. The two teams with the fastest times in each category after all qualifying heats are run in that category will run off against each other to decide the winner of the category. There will be no substitutions allowed once the competition begins.

A trophy will be awarded to the winning team in each category. There will be a People’s Choice award for the best sled.

Teams are encouraged to decorate and customize their “sleds”.

**I have read, and agree to follow, the rules above-**

Print Name \_\_\_\_\_ Signature \_\_\_\_\_